



Women Who Emerge

Speaking and Facilitation

Introducing Dr. Karla Hylton Dixon

Dr. Karla Hylton Dixon delivers trauma-informed, transformational experiences that integrate lived expertise, evidence-based frameworks, and practical application. Her work supports individuals and organizations navigating personal disruption, leadership strain, identity transition, and mental health challenges, guiding participants from survival into grounded, sustainable leadership.

She offers **keynotes, workshops, and facilitated learning experiences** for organizations, conferences, leadership teams, faith-based institutions, and community initiatives.

SIGNATURE TOPICS

From Survival to Sovereignty: Women's Leadership After Trauma

Exploring how unresolved trauma impacts leadership capacity—and how healing, self-trust, and sovereignty restore confidence, clarity, and authority.

Emotional Regulation and Identity Restoration

Practical tools for understanding emotional responses, rebuilding internal safety, and restoring identity after burnout, loss, or prolonged stress.

Leading Through Personal Disruption

Supporting leaders who are navigating divorce, grief, career shifts, or internal realignment while still expected to perform and lead effectively.

Mental Health, Resilience, and Authentic Leadership

Addressing mental health with compassion and competence—equipping leaders to show up authentically without compromising excellence or boundaries.

Each topic is thoughtfully adapted to the audience, organizational context, and desired outcomes.

Faith-Based Engagements

Redeemed, Restored, and Repositioned: Walking in Wholeness After the Storm

A biblically grounded, trauma-informed message for churches and faith-based communities focused on healing after loss, betrayal, burnout, or prolonged suffering. This session explores how God redeems pain, restores identity, and repositions believers to lead and serve from wholeness rather than survival.

FORMAT OPTIONS

- **60–90 minute Keynote**
Insight-driven, engaging, and actionable
- **Half-Day Workshop**
Deep learning with reflection, tools, and facilitated dialogue
- **Full-Day Intensive**
Comprehensive exploration with experiential components and implementation strategies
- **Multi-Session Series**
Ideal for organizations seeking sustained culture change or leadership development

Formats may be delivered as stand-alone engagements or as part of a broader initiative.

INVESTMENT

Engagements begin at \$2,500, with final pricing determined by format, length, customization, and scope.

Travel and additional materials are quoted separately when applicable.

NEXT STEPS

To request detailed speaking information or explore a customized engagement, please contact us.

CONTACT INFORMATION:

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Women Who Emerge™ – She didn't break, she emerged.

