



Women Who Emerge

Founding Partners Packet

A Letter from the Founder

Dear Founding Partner,

Women Who Emerged was born from lived experience, deep loss, and hard-won transformation. It exists for women who survived what should have broken them, and are now ready to rise, rebuild, and lead with truth.

This movement is not about perfection. It is about emergence.

As a Founding Partner, you are not simply sponsoring an initiative. You are helping to establish a legacy platform that restores identity, equips women with emotional and cognitive tools, and creates sacred spaces for healing, leadership, and economic empowerment.

Your partnership at this foundational stage will shape the DNA of Women Who Emerged for generations to come.

With gratitude,

Dr. Karla Hylton Dixon
Founder & Visionary

Founding Story

Women Who Emerged did not begin as an idea. It began as a reckoning.

It was born in the quiet aftermath of survival: after the titles fell away, after the marriage ended, after the strength that once held everything together finally collapsed under its own weight.

For years, Dr. Karla lived as many women do: accomplished, capable, admired, while privately disappearing. Emotional manipulation, unrelenting expectations, and prolonged silence eroded her sense of self. What looked like resilience on the outside was, on the inside, survival at the expense of the soul.

That path led her to the edge of life itself.

Surviving two suicide attempts did not instantly produce healing. What followed was slower, harder, and holier work: confronting trauma, unlearning false identities, rebuilding trust, and rediscovering voice. In that process, one truth became unmistakably clear: many women were suffering quietly in the same way.

Women Who Emerged was created to interrupt that silence.

What began as conversations—around tables, in workshops, in coaching sessions—revealed a pattern: women did not need to be fixed. They needed space. Language. Tools. Community. Permission to tell the truth and rebuild without shame.

Women Who Emerged formalized those spaces.

It became a movement grounded in three convictions:

- Survival is not the same as living
- Strength without support eventually breaks
- Healing accelerates in safe, intentional community

Today, Women Who Emerged exists to ensure that no woman has to collapse in private to earn the right to be whole.

This is not a story of rescue. It is a story of emergence.

Our Vision

To cultivate a global movement where women reclaim their voice, restore their identity, and rise into purpose: personally, professionally, and spiritually.

Our Mission

Women Who Emerged exists to:

- Create transformational spaces for women healing from trauma, loss, emotional abuse, and life disruption
- Equip women with practical tools for emotional regulation, cognitive flexibility, and leadership
- Build community through curated gatherings, workshops, and mentorship
- Advance conversations around mental health, identity, and purpose without stigma

Why Women Who Emerged, Why Now

Across cultures and socioeconomic lines, women are quietly carrying:

- Emotional exhaustion
- Identity loss after divorce, betrayal, caregiving, or survival seasons
- Unresolved trauma masked as strength
- Leadership capacity that has never been nurtured

Women Who Emerged responds with intentional, evidence-informed, and soul-centered programming that meets women where they are and walks with them toward who they are becoming.

Core Initiatives Supported by Founding Partners

1. Emergence Tables™ (Monthly Luncheon + Workshop)

Curated three-hour experiences combining:

- Teaching and facilitated dialogue
- Guided reflection and worksheets
- Nourishment through shared meals
- Community building and resource exchange

2. Transformational Workshops & Retreats

Focused on:

- Emotional intelligence and regulation
- Identity reconstruction after trauma
- Boundaries, self-trust, and decision-making
- Purpose discovery and leadership emergence

3. Youth & Intergenerational Programs (MindFlex™ Integration)

Adapted programming that introduces:

- Emotional literacy
- Neuroplasticity-based tools
- Self-regulation and resilience skills

4. Speaking, Advocacy & Thought Leadership

- Keynotes and panels
- Media appearances
- Written works and educational resources

Who We Serve

- Women navigating life after divorce, estrangement, or major loss
- High-functioning women experiencing burnout or emotional collapse
- Survivors of emotional and psychological abuse

- Young women and emerging leaders seeking identity clarity
- Community organizations and institutions seeking impact-driven programming

The Role of a Founding Partner

Founding Partners are architects of the movement.

Your early investment:

- Establishes credibility and infrastructure
- Enables program development and accessibility
- Supports scholarships and subsidized participation
- Positions Women Who Emerged for long-term sustainability

Founding Partners are permanently recognized as those who helped build the foundation.

Founding Partner Levels

Legacy Founder – \$25,000+

Limited Availability - Permanent recognition as Legacy Founder

- Logo placement on website, programs, and select materials
- VIP access to all Emergence Tables for one year (2 seats per event)
- Private annual briefing with Founder
- Recognition at flagship events
- Opportunity to co-sponsor a signature program or table

Visionary Partner – \$10,000–\$24,999

- Founding Partner recognition
- Logo/name placement on website and select materials
- VIP access to four Emergence Tables (2 seats per event)
- Recognition at sponsored events
- Invitation to annual Founders Gathering

Catalyst Partner – \$5,000–\$9,999

- Founding Partner recognition
- Name placement on website

- Access to two Emergence Tables (2 seats per event)
- Recognition in digital communications

Community Builder – \$2,500–\$4,999

- Founding Partner recognition
- Name placement on website
- Access to one Emergence Table (2 seats)

Stewardship & Accountability

Women Who Emerged is committed to:

- Financial transparency
- Ethical governance and conflict-of-interest safeguards
- Measurable outcomes and impact reporting
- Clear separation between nonprofit initiatives and for-profit services

Annual impact summaries will be provided to Founding Partners.

Impact Snapshot (Projected First Year)

- 12 Emergence Tables serving 300+ women
- 6–8 workshops or retreats
- Youth and intergenerational pilot programs launched
- Scholarships for women with financial barriers
- Expansion of community partnerships

Recognition & Visibility

Founding Partners receive:

- Permanent listing on the Women Who Emerged website
- Recognition in select programs and printed materials
- Acknowledgment at live events
- Optional co-branded opportunities (where aligned)

Why Dr. Karla Hylton Dixon

Founder Credibility & Authority

Women Who Emerged is led by a founder whose authority is both professional and profoundly lived.

Dr. Karla Hylton Dixon is an award-winning author, educator, and transformational coach whose work sits at the intersection of mental health advocacy, identity restoration, and purpose-driven leadership.

Her credibility is not theoretical. It is embodied.

Lived Authority

- Survivor of two suicide attempts who has transformed lived pain into platforms of healing and hope
- Navigated divorce, estrangement, emotional abuse, and identity loss—and emerged with clarity, faith, and purpose
- Brings unmatched empathy, discernment, and trust into spaces where women often feel unseen or silenced

Professional Recognition & Impact

- Internationally award-winning author of *The Unvarnished Truth: Purpose in the Pain*
- Recipient of the **International Impact Book Award (Nonfiction)**
- Author of the companion workbook *Vanquishing Monsters*
- Widely interviewed by international media outlets
- Contributor of educational and thought leadership articles to national publications

Thought Leadership & Program Development

- Creator of **MindFlex™**, an evidence-informed emotional intelligence and neuroplasticity-based program for youth and adults
- Designer of transformational workshops focused on emotional regulation, identity reconstruction, and resilience
- Speaker and facilitator for mental health awareness, leadership, and empowerment initiatives

Trust & Influence

- Trusted by families navigating suicidal ideation, trauma recovery, and emotional crisis
- Invited into schools, churches, and community organizations as a mentor, guide, and voice of clarity
- Recognized not only for insight, but for integrity, compassion, and results

Why Her Leadership Matters

Women Who Emerged requires leadership that understands: - The psychology of survival - The spiritual cost of silence - The science of emotional healing - The courage required to rebuild identity

Dr. Karla Hylton Dixon leads not from distance, but from depth.

Her vision ensures Women Who Emerged remains:

- Trauma-informed
- Ethically grounded
- Spiritually sensitive (without exclusion)
- Strategically scalable

This is leadership forged, not borrowed.

Join Us at the Foundation

This is not a moment. It is a movement.

We invite you to stand at the foundation of Women Who Emerged and help shape what healing, leadership, and legacy can look like for women worldwide.

Next Steps

To confirm your role as a Founding Partner:

- Select your partnership level
- Schedule a brief alignment conversation
- Complete the Founding Partner Agreement

Contact:

Women Who Emerged Leadership Team

Women Who Emerged™ – Where survival ends and emergence begins.